



**Developing Women to do a World of Good**

***FOR IMMEDIATE RELEASE***

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***Junior League of Monroe Awards \$10,000 Endowment Grant to  
The Center for Children & Families***

***MONROE, LA*** – The Junior League of Monroe is proud to announce *The Center for Children & Families* as the recipient of its \$10,000 Endowment Grant for 2025. This funding will support the expansion of Eye Movement Desensitization and Reprocessing (EMDR) therapy, a highly effective treatment for children and families impacted by trauma, abuse, and neglect.

The Center for Children & Families has been a cornerstone of hope and healing in the community since 1999, offering advocacy, counseling, education, and prevention services to children and families in crisis. With this grant, the organization will purchase essential EMDR equipment and establish a dedicated training space at The Hope Center in West Monroe, furthering its mission to provide high-quality mental health services.

“We are incredibly honored to receive this support from the Junior League of Monroe,” said Dr. Matthew Thornton, CEO of The Center for Children & Families. “This grant will allow us to expand our EMDR program, not only reaching more children and families in need but also training future clinicians in this life-changing therapeutic approach.”

EMDR therapy helps individuals reprocess traumatic memories, fostering healing, emotional regulation, and improved relationships. The funding will enable The Center to equip multiple therapy rooms with specialized EMDR tools, ensuring greater accessibility for clients. Additionally, the investment in clinician training will allow The Center to strengthen its role as a regional leader in trauma-focused care.

The Junior League of Monroe’s Endowment Grant is awarded annually to a nonprofit organization that aligns with its mission of empowering women and children in Northeast Louisiana. Through this grant, the League continues its commitment to fostering positive community impact and lasting change.



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For more information about The Center for Children & Families and its services, visit [www.standforhope.org](http://www.standforhope.org). To learn more about the Junior League of Monroe and its initiatives, visit [www.jlmonroe.org](http://www.jlmonroe.org).

### ***About the Junior League of Monroe***

The Junior League of Monroe is an organization of women committed to advancing leadership for meaningful community impact through volunteer action, collaboration, and training. With a focus on empowering women and children in Northeast Louisiana, the League has been a catalyst for lasting change since its founding.